

## **Barrow Fell**

Start - Braithwaite village, car parking space over bridge GR NY230236

Access by public transport - X4 X5 Penrith to Workington service

Distance - c.3 miles

Time - 2 - 2.5 hours

Map - English Lakes NW 1:25000

Facilities in Braithwaite - Village shop, pubs and hotels

**Although Barrow Fell is of modest height at 455 metres (1494'), there are excellent 360° views from the summit, a great reward for not too much effort.**

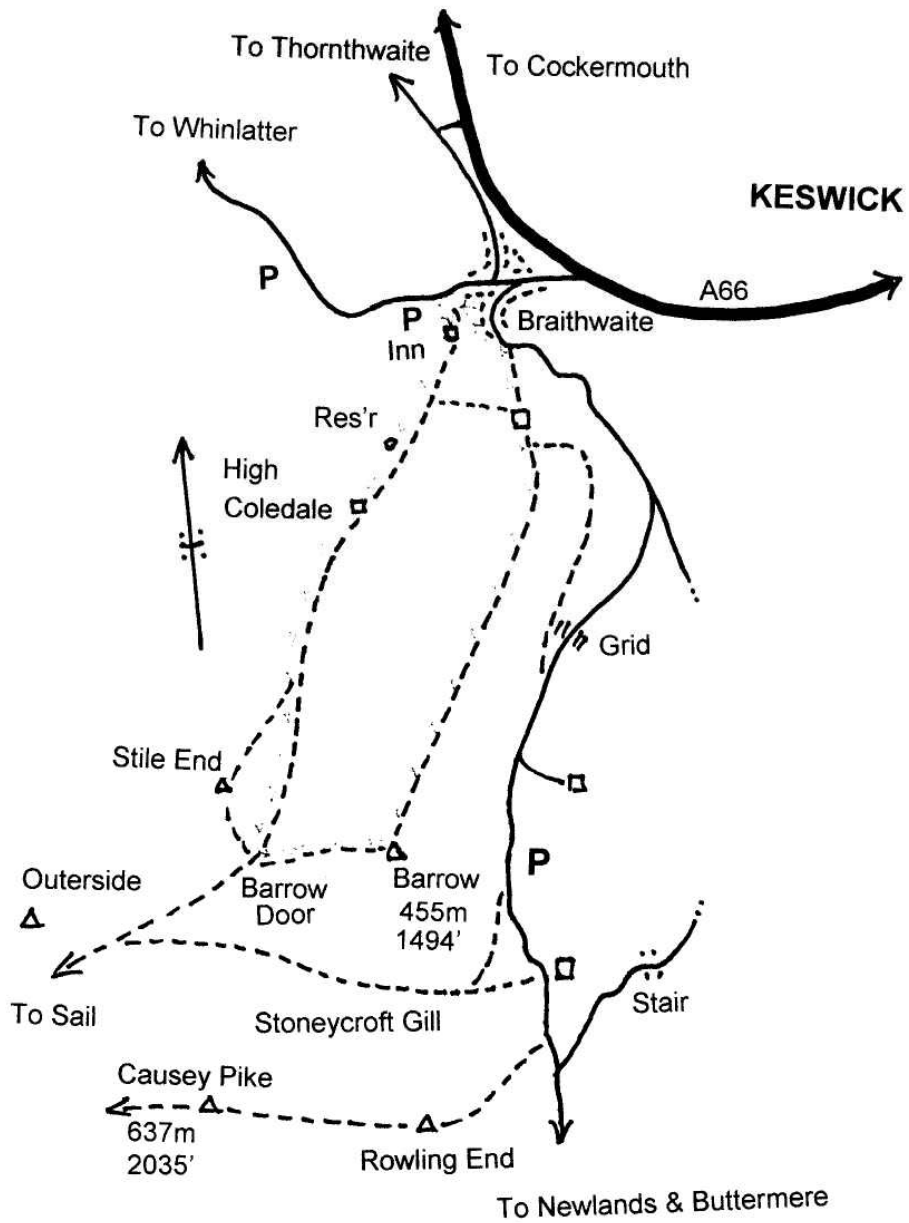
From the car park in Braithwaite village make your way up towards the Coledale Inn. Bear left and walk along the metalled lane. The lane soon begins to climb with fine views behind of the Skiddaw range over the rooftops of Braithwaite.

The metalled road comes to an end at a gate and kissing gate. Go through and continue up the wide path. The impressive views behind you make a good excuse to pause for a breath. Keep to the main path ignoring a path off to the right leading to the summit of Stile End. Causey Pike, with its distinctive shaped summit, is ahead of you and Barrow Fell to the left.

The path continues to climb steadily to the left of Stile End. At Barrow Door, the col, where the next valley falls away in front of you, bear left to follow the path up to Barrow Fell. As you climb views start to open up to both sides. As you reach the cairn marking the summit a magnificent 360 degree panorama suddenly comes into view over Bassenthwaite Lake, Whinlatter Forest, Grisedale Pike, Causey Pike, the Newlands Valley, the Helvellyn range, Derwentwater, Keswick and the Skiddaw range.

Leave the summit northwards continuing along the clearly defined path, enjoying the fine views as you begin to drop steadily down the fell. Part way down ignore a path which branches off to the right. Keep straight forward, following the path up and over a small hillock. The path descends in the direction of a farm. Go through a gate, a stile and another gate past the farm buildings and take the farm track down to the road. Walk left along the lane back into Braithwaite village and left past the Ivy House Hotel back to the car park.

If you prefer a steeper ascent and gentler route down this route can easily be reversed.



**This route was downloaded from [www.keswick.org](http://www.keswick.org)**

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AND THE NORTH LAKES